

Find the Love Spot with the John Clendenin Method and take your skiing lessons to new heights in Aspen/Snowmass Colorado.

Learn how to ski in Aspen, Colorado with two-time world freestyle champion, John Clendenin. The Clendenin Ski Method is focused on two of the most important factors you have to know when skiing - safety and speed control.

While most of John Clendenin's clients are baby boomers, the Clendenin Ski Method is designed for people of all ages and skiing levels. It doesn't matter if it's your first time skiing or a bump basher wanting to look better with more control. When mastering the Clendenin Ski Method, you will become confident to ski all terrain on the mountain including bumps and moguls and look better doing it

The Love Spot™ is one of the many concepts you will learn in the Clendenin Ski Method. The term was coined to make it easy for all new skiers to remember. The Love Spot is the moment in a ski turn when the skis are flat, parallel, and glide together to finish a great ski turn. Most new students step through or hop through this all-important moment. When skiers learn to release their skis properly, they begin to sense the 'Love Spot' and their skiing immediately goes to a new level. In a sense, this is the moment of exaltation as you ski and turn with ease and new control. This is the moment when students feel like real skiers and not someone trying to learn to ski.

The Love Spot™ teaches you to feel your feet, the primary place where all advancement in ability occurs. Once aware of sensations in the feet students can coordinate their feet with the pole touch. The primary purpose of the pole touch is to cue the feet to tip the skis evenly into a new turn as they pass through the 'Love Spot'.

The Clendenin Ski Method is a simple concise Method focused on safety and speed management in all terrain, even bumps. Two-time World Ski Champion John Clendenin says, "Baby boomer clients first read the book *Four Words for Great Skiing* and watch the DVD *Finding the Love Spot* (both offered on his web site below). The majority of students like starting

their lesson indoors secured in the safety harness. Warm and comfortable in the Aspen Club and Spa, they grasp the basic fundamentals of great skiing on the infinite slope – the ski simulator. New skills immediately transform their skiing in one of Clendenin’s enchanting camps or in a private lesson guided by John or one of his certified CSM coaches. With ownership, the Clendenin Ski Method invites clients of all ages ‘to dance with gravity’ and renew their thrill of skiing the entire mountain. Learn more at www.skidoctors.com